

For Kids: Sharing your story

In this video, young people provide advice to children and young people about when and how to talk about being in care.

Reflections

What is the key learning you took from the young people's reflections about when and how to talk about being in care?

In your experience, what are some of the reasons why children and young people may worry about telling people they are in care? How do you support children and young people with these worries?

The young people wanted other children to know that being 'in care' does not define them. How can you help children and young people define themselves as more than their care experience?

Your plan

How will you routinely talk to children and young people about who, how and when they tell they are in care? What existing systems and practice approaches could support these conversations?

How will you make sure children and young people know and understand their right to keep their care status or details about their life private?

How will you help children and young people consider their boundaries about what they do and do not want to share and with who?

How can you protect a child's right to privacy when working with other professionals?

Group supervision questions

How can we support the child to share their story with teachers/friends in a way that gives them power over their information?

How can we uphold children and young people's right to privacy about their life and experiences while making sure they receive the information and support they need to have their needs met and succeed?