

For Carers: Advice from young people

In this video, young people share their experiences and opinions about what is required to create a genuine relationship between a carer and a child.

Reflections

The young people talk about needing carers to help them develop skills to navigate and build healthy relationships. What skills did the young people identify as important? What other relationship skills are important for young people to achieve their potential?

Relationships have a cascade effect. How you develop and maintain your relationship with a carer models how you want them to relate to children in their care. What is one relationship building strategy you can model with a carer?

Your plan

How will you partner with carers to support change if they are experiencing an unstable relationship with a child or young person in their care?

How will you use existing systems, such as carer reviews, to help carers reflect on and develop the relationship skills they are modelling and practicing with children and young people in their care?

Group supervision questions

How can we use our practice systems, skills and tools to help the carer build a genuine connection with the child?

How can we use Dignity Driven Practice and Motivational Interview to help us navigate hard conversations with carers that in turn help them navigate hard conversations with young people in their care?