

For Carers: Helping children feel they belong

In this video, young people share their experiences of belonging in care and provide some tips for carers about how they can make the transition into care a little less scary for them. You can share this video with carers.

Reflections

What was one message from young people that you already embed, or want to start embedding, in your everyday conversations with carers?

After listening to the young people's experiences and advice, is there anything you would do differently to prepare or support children and young people when they enter care or change placements?

How do you currently support carers you are working with to welcome children into their home for the first time? After watching this video, is there anything else you would like to do?

Your plan

How will you explore a child's sense of belonging in their placement? What tools or resources could you use to support these conversations with children and carers?

How will you engage in critique if a carer is not supporting a child's sense of belonging?

How will you ensure a child's experience of belonging is prioritised in your conversations with carers?

Group supervision questions

How can we support the carer to make the child feel part of their family whilst maintaining strong connections to those who love them already?

How can we provide critique to the carer in a way that promotes growth, connection and motivates change?