

# **Useful contact numbers**

Caseworker details:

Phone: .....

**Child Protection Helpline** Report suspected child abuse or neglect Phone: **132 111** (24 hours/7 days) TTY Phone: **1800 671 442** 

Lifeline Phone: 13 11 14 (24 hours/7 days)

Department of Communities Justice Enquiries, Feedback and Complaints Phone: 1800 000 164 https://www.facs.nsw.gov.au/about/contacts/ complaints

**Telephone interpreter service** If you need an interpreter to speak to your caseworker, please phone TIS on **131 450** 

# Family group conferencing

# Information for parents and carers

Understanding that all families are different.

Family group conferencing helps to build on people's strengths and support families to overcome challenges.



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# What is family group conferencing?

From time-to-time, families have difficulties caring for their children and this can be for many different reasons. Family group conferencing is a way to bring family members together in a positive way with an impartial facilitator to make a plan for the child or young people in the family.

Families have found family group conferencing to be a really helpful way to work out a plan that everone has participated in and agrees to.

# How does family group conferencing work?

A caseworker will discuss with you the reasons why your family may benefit from being part of a family group conference. If you agree, the caseworker will complete a referral and you'll be contacted by a family group conference facilitator.

The facilitator will organise the family group conference and make sure everyone who is at the conference is able to speak and be heard. The facilitators aren't involved in making any decisions about your child or family. They are there to support your family to develop a plan that has the wellbeing of your child or young person in mind.

Everything that's said in the family group conference is confidential. This means no one is allowed to talk to anyone else that wasn't at the family group conference about what was said.

### Who can attend a family group conference?

Before the family group conference is held, the facilitator will spend time with you and ask who you want to attend. This could include members of your family, extended family and kin, a support person or a community elder. You may also want to invite agencies that have been working with you.

Children and young people may attend the family group conference. This will depend on their age, maturity and what needs to be discussed. They can also write down their throughts and someone else attending the conference can read this out for them.



### Family group conferencing

The family group conference has **three** stages:



**Information sharing** - everyone introduces themselves and talks about the difficulties the family is having and why this is a concern.



**Family time** - is private time for only the family to discuss and develop a plan about the concerns that were raised.



Agreeing to the plan - the plan has to say what needs to be done, by who, and when these actions need to be taken. This will ensure the safety and wellbeing of your child or young person. All participants need to agree to the plan and all will recieve a signed copy of the plan.

The facilitator will ask the family when they would like a review meeting. This is an opportunity for the caseworker, your family and other agencies working with your family to meet and talk about progress of the plan.