

September 2022 | PSP Members Newsletter

Welcome

Welcome to our September newsletter. Link to new resources from DCJ on Guardianship and working with children and young people, information on DCJ's NGO Caseworker Wellbeing Checks initiative and more.

Quick Links

Targeted Earlier Intervention in the Spotlight



Are you looking for extra support for a child or their family?

DCJ's Targeted Earlier Intervention (TEI) program offers a range of quality early support services to children and families from supported playgroups and community hubs to parenting courses, counselling and more.

Click **here** to see real stories of transformation, hope and compassion achieved by the program which is delivered by 481 service providers in 1,469 different locations across NSW.

Find services in your local area. Go to Service Seeker and search 'TEI'

DCJ's NGO Caseworker Wellebing Checks Initiative

Casework staff delivering Permanency Support Programs have worked under challenging circumstances to keep kids and families safe during the pandemic.

DCJ's NGO Caseworker Wellbeing Checks Initiative enables caseworkers to access specialist support when they need it and offers a proactive 'check-in' on their wellbeing.

The Wellbeing Check is with a mental health specialist. It is delivered via telehealth and the session is oneto-one, free, voluntary, and confidential.

The session covers general wellbeing, welfare, psychological safety, potential mental health risks, and strategies to promote ongoing mental health.

Speak with your manager to find out if your organisation is registered. Click here for more information



Your application of the Aboriginal Placement Principles and Permanent Placement Principles helps make the best permanency decisions for Aboriginal children.

Permanency decisions for Aboriginal children must be family and community-led.

Guardianship can give Aboriginal children a stable, nurturing and safe home, without changing the legal relationship with their parents, siblings and kin.

Under the guardianship order, the child exits OOHC and their guardian can make all decisions for them.

Before a guardianship order is made for an Aboriginal child, a cultural care plan is developed. The plan addresses how the child's family, community and carer will continue to maintain and promote important connections and cultural identity for the child. Legal support is available for parents if they are concerned that the plan is not being actioned.

Find Guardianship resources here.

<u>Contact your Permanency Coordinator</u> for support

Adopt Change #THRIVE 2022 Online National Permanency Conference

Tuesday 25 October - Thursday 27 October

The 2022 theme for the conference is Supporting Children and Young People at Home and School to Thrive. The conference includes two days on Permanency (25 and 26 October) and an additional one day (27 October) on trauma-informed Education.

Find out more and register here

PSP Learning Hub News

Early Insights

Thank you to the service providers who participated in the workshop last month to discuss how the PSP Learning Hub can continue to support you.

Early insights on what to expect:

- Specific services for managers focusing on how to support the most challenging area of work with children and families
- Learning to Action toolkits
- More training and coaching

Recent coaching feedback

Your presentation was very engaging, professional and you are so eloquent! Very much inspired so thankyou! - Case Manager

Thank you for your clear training session and helping us to implement what we were discussing. I thought you listened well to people's comments, reflected on these throughout the training and wove them into the subject matter. Thank you for thinking quickly on the spot- good observation skills also when you picked up whether someone was wanting to speak! - Case Manager

Resource Updates

Casework Skills

DCJ is excited to share new resources for practitioners.

Additional Resources



<u>Tips for: - 19 Q&A videos on helping a child in care achieve their</u> potential

A series of Q&A videos from DCJ's Youth Consults for Change Group, giving advice to practitioners, carers and other young people.

The Q&As cover topics such as how to help build self-esteem and confidence, cultural connections, and what to do when young people make mistakes.

Each Q&A is accompanied by a series of questions which help promote reflection, group supervision sessions and case planning.

Don't miss this opportunity to hear directly from young people about

their care experience, and how you can help.

Watch the Q&As and download the questions

Guardianship

DCJ hosted an all-day workshop for PSP practitioners. The sessions are now online.

Recorded Webinar



Pathway to Permanency Workshop: A Spotlight on Guardianship and Adoption

The workshop celebrated examples of practice and highlighted current and emerging evidence as well as future initiatives to support permanency practice.

Click the individual sessions below to find out more:

- 'On the couch' with Michelle Smith
- **Research to practice** ٠
- **Outcomes of Open Adoption from Care**
- Strengthening culture and identity in guardianship and open adoption
- **Fostering Lifelong Connections**
- **Reflections from a practitioner**





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